

RFP 5151 Z1

10. Psychotropic Drug Oversight

The MCO must:

- a. Utilize prior authorizations and additional edits for psychotropic drugs prescribed to youth, at a minimum, following MLTC guidelines as provided in Attachment 8 – PBM Claims Processing Edits for the Nebraska Medicaid Psychotropic Drugs and Youth Initiative. If appropriate, the MCO must ensure a review of the prior authorization request by a State-licensed child and adolescent psychiatrist. Utilize prior authorizations and additional edits for psychotropic drugs prescribed to youth, at a minimum, following MLTC guidelines as provided in Attachment 8. The MCO must ensure a review of the prior authorization request by a State-licensed child and adolescent psychiatrist.
- b. Manage the prescribing of psychoactive medications to members age 20 and under by:
 - I. Measuring psychopharmacology usage and prescribing patterns.
 - II. Monitoring the use of, and the claims related to, psychopharmacology to identify target populations (e.g., age subsets) for proposed interventions.
 - III. Preparing member-specific profiles of medication use based on pharmacy data to inform MCO interventions with prescribers.
 - IV. Developing prescriber and pharmacy interventions that reduce unsupported atypical antipsychotic prescribing and prescribing of multiple medications to the same member.

The MCO must:

- a) Implement these interventions on the approval of MLTC.
- b) Report to MLTC the results of the intervention.
- c) Support MLTC pharmacy initiatives by promoting and communicating the adoption of clinical policy recommendations to PCPs, and other network providers, including behavioral health providers.
- d) In consultation with the DUR board, propose to MLTC additional pharmacy interventions focused on members.
- V. Submit reports to MLTC detailing approvals and denials of psychotropic medication requests for youth. The report must utilize the eligibility categories provided to the MCO via the enrollment files for each youth for whom a drug request is made by a prescriber. These reports must be submitted as specified in **Attachment 6 – Reporting Requirements Attachment 38 – Revised Reporting Requirements**.
- VI. If requested by MLTC, participate and collaborate with inter-agency workgroups and initiatives.

Case Management is voluntary.