

# YRTC & Out-of- Home Placements

Administrative Office of Probation-Juvenile Services Division

Nebraska Department of Health & Human Services  
Office of Juvenile Services



# Probation and the YLS/CMI

- A Youth Level of Service/Case Management (YLS/CMI) is conducted on all youth placed on probation
  - Assesses a youth's risk to reoffend
  - Informs individualized case planning
- An initial YLS/CMI is completed if a Predisposition Investigation (PDI) is ordered by the court
  - Before disposition if a Predisposition Investigation (PDI) is ordered by the Court
  - Or after disposition within 30 days of being placed on probation
- The YLS/CMI is reassessed throughout probation
  - At least every 6 months
  - After any substantial change in circumstances
  - Before any recommendations are made to the Court by probation



# Community Based Supervision

- Probation supports the youth and family through:
  - Individualized case planning around the high domains on the YLS/CMI
  - Cognitive Behavioral programming
  - Facilitating access to needed community base services and supports
  - Targeted treatment
  - Engagement of positive supports (family, school, providers, peers)
  - Oversight and accountability
  - Community safety interventions
- Response to noncompliance
  - Sanctions utilized to address behaviors leading to elevated risk and/or noncompliance
  - Probation reevaluates the youth's individualized case plan and makes adjustments



# Community Based Services

## Treatment

- Evaluations
- Outpatient Therapy
- Intensive Outpatient Therapy
- Individual
  - Mental Health
- Family
  - Behavioral Health
- Group
  - Substance Use
  - Youth who Sexually Harm

## Non-Treatment

- Tracker
- Mentor
- Prosocial programs
- Day/evening reporting
- Mediation
- School supports
- Family Support
- Intensive Family Preservation
- Wraparound Program



# Probation Reviews & Violations

- The Court may review any youth under the supervision of probation
  - Probation conditions may be modified, added or removed during review hearings
- Probation Violations are conducted through a separate formal hearing to address major violations of probation that are not able to be addressed through sanctioning
- If found to have violated probation, a Court may:
  - Place the youth back on probation in the community under the same or new conditions
  - Place the youth out of the family home (foster home, group home or treatment program)
  - Commit the youth to the YRTC



# Exhausted Efforts

Statute outlines when a youth may be considered for Out-of-Home placements or commitment to the YRTC.

## 43-286 Commitments to YRTC

- All levels of probation supervision have been exhausted and
- All options for community-based services have been exhausted and
- Placement at a youth rehabilitation and treatment center is a matter of immediate and urgent necessity for the protection of the juvenile or the person or property of another or if it appears that such juvenile is likely to flee the jurisdiction of the court.

## 43-251.01. Out-of-Home Placements

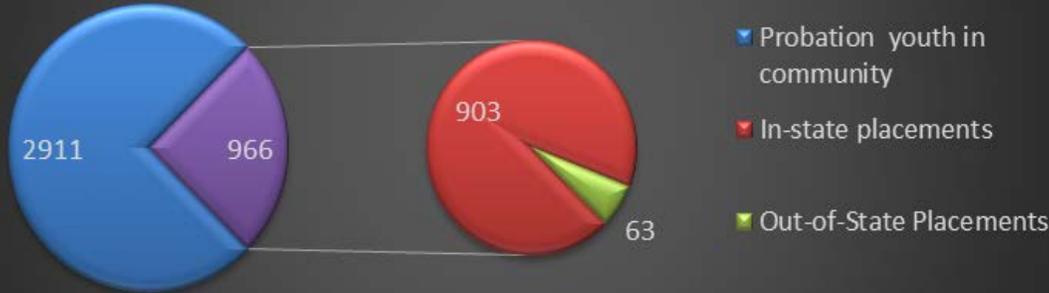
- All available community based resources have been exhausted to assist the juvenile and his or her family and
- Maintaining the juvenile in the home presents a significant risk of harm to the juvenile or community



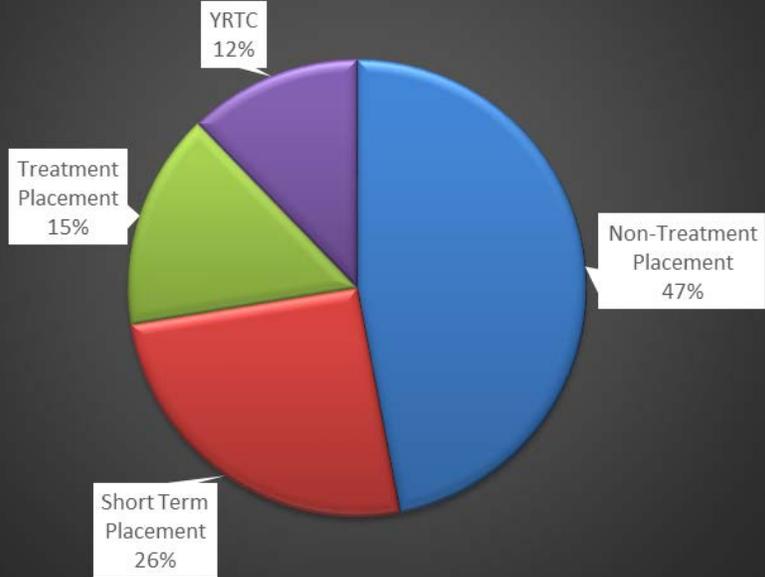
# Out-of-Home Placement Snapshot

## 1/9/2017

### Probation Placement Data

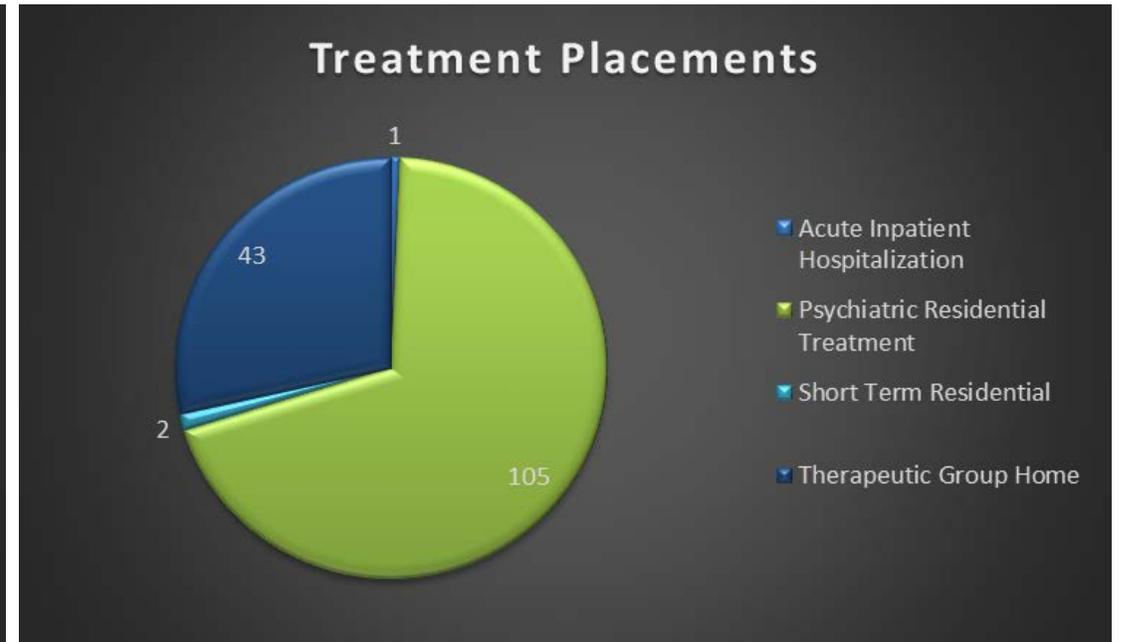
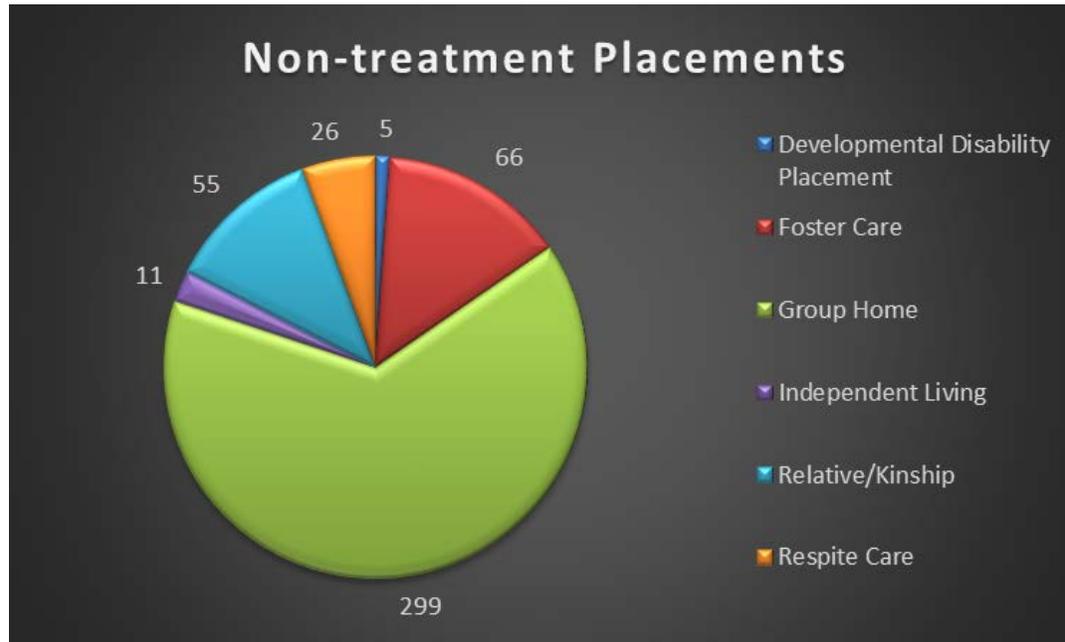


### Probation Placement Snapshot 1/9/1017



# Out-of-Home Placement Snapshot

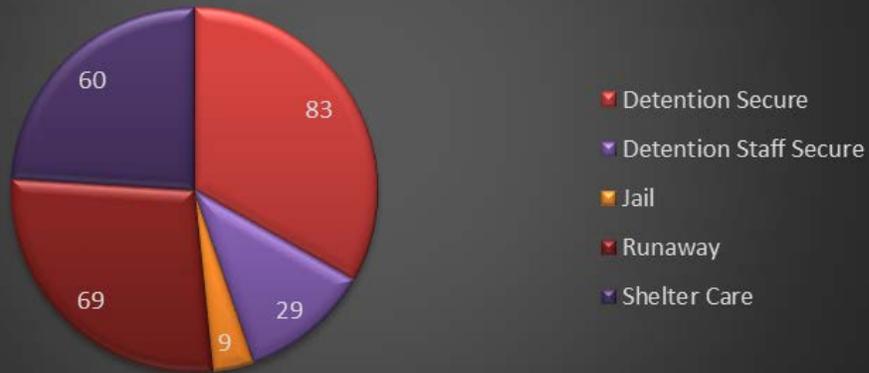
## 1/9/2017



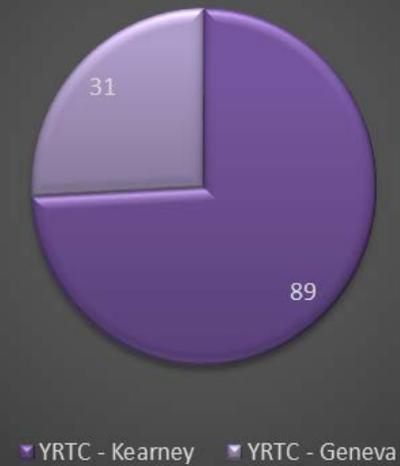
# Out-of-Home Placement Snapshot

## 1/9/2017

### Short Term Placements and Runaways



### YRTC Placements



# Commitment to the YRTC

## Probation's role

- Notifies the YRTC of the commitment
- Provides collateral information, supervision history and YLS/CMI
- Participates in the development of the case plan at the facility
- Facilitates monthly family team meetings
- Leads the development of the Individualized Reentry Plan

## YRTC's Role

- Arranges transportation for the youth to the facility
- Gathers collateral information from Probation
- Conducts classification process
- Develops a case plan
- Participates in family team meetings and the development of the Individualized Reentry Plan



# Youth Rehabilitation and Treatment Centers

## Kearney

- Individual case planning based on YLS/CMI risk score and each youth's unique needs
- Equip Program: teach youth using cognitive-behavioral approach to think and act more responsibly.
- Individual therapy
- Substance Abuse Programming
  - Moving to the Adolescent Community Reinforcement Approach (ACRA) treatment model
- Specialized gang prevention programming
- Soon to implement Moral Recognition Therapy (MRT) and Anger Replacement Therapy (ART) programming with collaborative training provided by Probation

## Geneva

- Individual case planning based on YLS/CMI risk score and each youth's unique needs
- My Journey: emphasizes empowering youth to learn about themselves and develop methods to meet their needs that drawn on their unique strengths
- Individual Therapy
- Substance Abuse Programming
  - Moving to the Adolescent Community Reinforcement Approach (ACRA) treatment model
- Anger Replacement Therapy (ART), Thinking for a Change, and Moral Recognition Therapy (MRT) programming newly implemented



# YRTC Demographics

## Kearney

- Daily population between 90-100 youth
- Average age- 16 years
- Average length of stay- 9.6 months

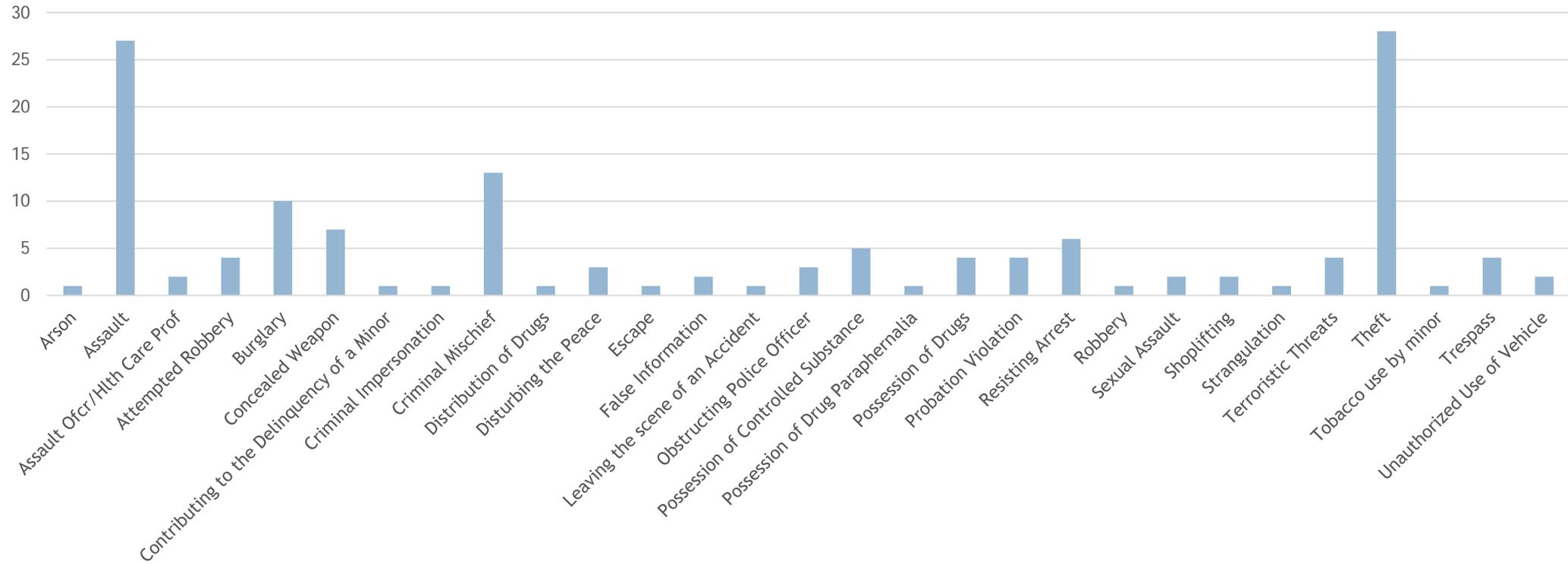
## Geneva

- Daily population between 30-40 youth
- Average age- 17 years
- Average length of stay- 8.5 months



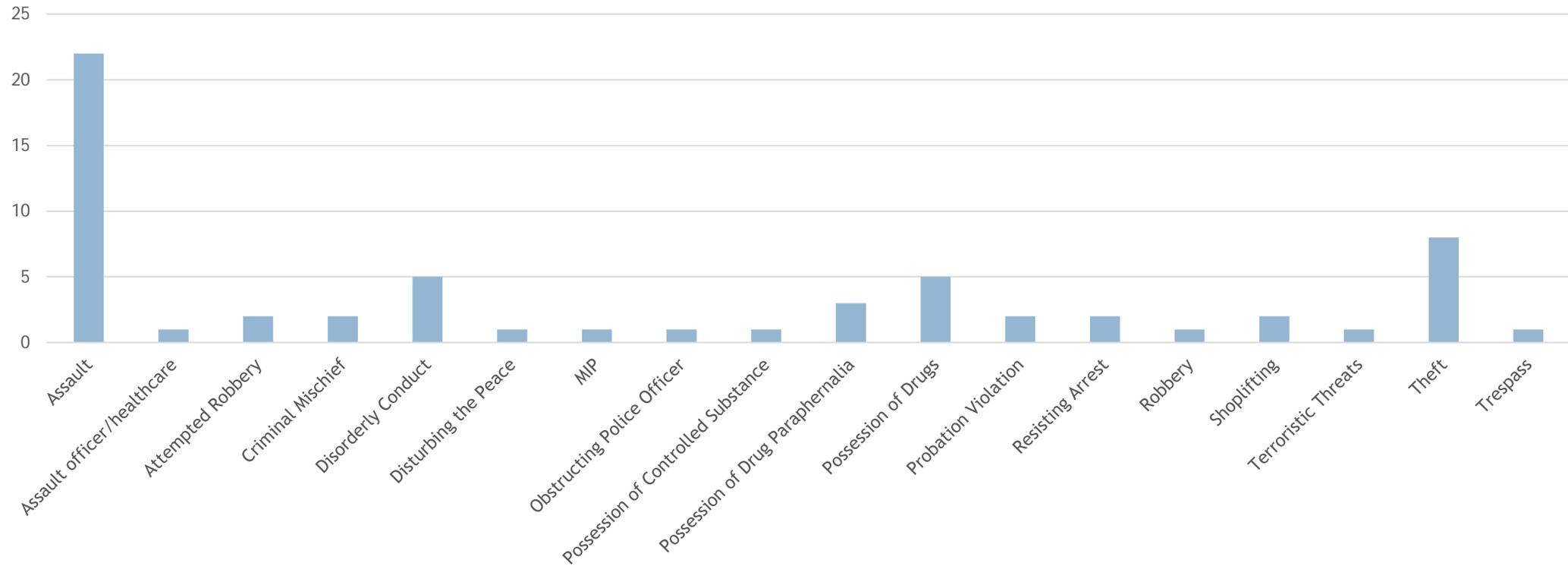
# YRTC-K Admissions

YRTC-K FY 15/16 Admissions by Offense



# YRTC-G Admissions

YRTC-G FY 15/16 Admissions by Offense



# YRTC Community Connections

## Kearney

- Community service projects with local organizations
  - Habitat for Humanity
  - Kearney Children's Museum
  - Museum of Nebraska Art
  - Salvation Army
  - YMCA
  - UNK
  - Kiwanis Club

## Geneva

- Community service projects with local organizations
  - Movie Theatre
  - Homeless Shelter
  - Animal Shelter
  - Adopt-A-Highway
  - Geneva July 4<sup>th</sup> Community Activities
  - Senior Center Activities
  - Nursing Home Activities



# YRTC Family Engagement

- Parent/family/clergy visits to campus
- Off campus visits
- Increase phone calls
- Gas Vouchers and Midwest rides
- Proud Dads
- Mothers and Babies Program
- Skype Calls
- Family Therapy Services
- Increased Furloughs
- Case Managers available on weekends to interact with visiting families



# Special Programs and Recreation

## Kearney

- Elk's Hoop Shoot
- Kearney Therapeutic Horseback Riding
- Viking Confidence Course
- YMCA events
- UNK events
- Kearney Parks and Recreation Events
- Kearney Public School Events

## Geneva

- Cultural Events through Geneva Arts Council
- IMPROV
- Timberlake Wilderness Camp
- Project Everlast
- Equine Program
- Relay for Life
- Nebraska State Trap Shoot



# Department of Health and Human Services, Nebraska Department of Labor, Vocational Rehabilitation, and Probation

- Collaborative effort to provide expanded educational and vocational services to YRTC youth
- Referral for Department of Labor and Vocational Rehabilitation Services made early in a youth's stay
- Provide workshops for youth in YRTC
  - Career interest inventories
  - Job Searching
  - Employability skills
  - Individual and group meetings
- Collaboration in the Individualized Re-Entry Plan (IRP) to ensure continuity of services in the community



# Probation & YRTC Collaboration

- Cross agency training beginning with YLS training for YRTC facility staff
- Probation assisting with providing Moral Recognition Therapy (MRT) Facilitator training to YRTC staff
- Collaboration to jointly implement ART group and other cognitive programming
- Collaborative case planning processes being implemented at admission and continues through discharge
- New protocol in place through probation to ensure YRTC is provided necessary collateral information at commitment
- Data sharing for system improvement
- Plans to develop a joint strategic plan in 2017
- Vocational initiative with Department of Labor, Vocational Rehabilitation, and Probation's RISE program at the YRTC's
- Joint work with the Casey Family Programs
- Bi-Weekly meetings between Probation and DHHS Administration



# Reentry Process

- The Individualized Reentry Plan (IRP) is developed during family team meetings over the length of the commitment
- The YRTC determines the youth has substantially completed the program and issues a 60 day notice to the Court
- The IRP drafted by probation is finalized and submitted to the Court by DHHS-OJS
- The reentry hearing is held and a new probation order is issued by the Court
- Probation supervises the youth under the new probation order



# Barriers

- Disjointed historical information on a youth and family
- Disconnect between the youth and their family during commitment and/or placement
- Availability and willingness of families to provide the supervision, structure and support after discharge
- Financial upkeep of provider rates
- Staffing plan to place both facilities in line with PREA staff/youth recommended ratios



# Recommendations

- Continue cross agency collaboration
- Engage in System of Care efforts
- Provide enhanced opportunities for family engagement and skill building
- Streamline information sharing processes
- Increase staff to PRIA standards



# Thank You

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